TIME AND PURPOSE – MOURN

“... time to mourn;” (Eccl. 3:4) Mourning is the normal reaction to loss, of any kind. Mostly we think of lost loved ones but the loss of other things, relationships, security, job, money, etc. While the mourning over those things might not be as severe, they are still a loss.

Some folks mourn too long or too much. A wife or mother refusing to change things in the house after a loved one has passed away, is one of the signs of too much mourning.

It is impossible to say what causes people to mourn for such a long time. Sometimes it is people that you would not expect to do that. Long time and dear friends of many years lost their 18 year old son many years ago. He had a rheumatic heart and it just gave out one night. Over the next 30 years I spent many times with them and he was just inconsolable. It was a surprise because he was a well known gospel preacher.

I told myself many times, while listening to him talk about the son, and consoled myself with the idea that I had not lost a child, therefore I could not understand such grief. It is hard to lose a child “before their time.” Little did I know that the time would come when my only daughter died.

Mourning is natural and nothing to be ashamed of, but be careful not to let it take control of your life.

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