“a time to keep,” (Eccl. 3:6) How we love to “keep.” While we hate to lose, we really like to keep. Everyone you know have “keepsakes.” They may be mementos of some occasion we enjoyed and appreciate.

Keeping is different with people, depending on their background, emotional makeup and principles. Some folks keep memories of loved ones by refusing to change the surroundings in the home after their demise. Others keep something that belonged to the loved one after they are gone. Some just keep the memories because of their attachment.

One of the greatest keepsakes, I should say the greatest for Christians, is the Lord’s Supper. It is to commemorate and remember the greatest act of benevolence ever happening in the world. The apostle Paul says, “For as often as ye eat this bread, and drink the cup, ye proclaim the Lord’s death till he come.” (1 Cor. 11:26) People have a tendency to forget things that are important, therefore the Lord provided His supper to remind us each week that he died on the cross to save us.

In fact it is so important, this is the reason we come together each first day. “And upon the first day of the week, when we were gathered together to break bread,” (Acts 20:7 Emphasis mine) While we certainly do other things on the first day when we meet, teaching, singing, praying, etc., the most important thing is that we meet to remember His sacrifice and praise him for this “unspeakable gift.”

There are many things we like to keep but we must, as Christians, determine the most important.