“and a time to heal” (Eccl. 3:3) Some would suggest the there is no season for healing, that it is all the time. But there is a time for healing, when there is injury.

There are different kinds of injury, physically, emotionally, mentally, spiritually. While many of our people pay little attention to physical maladies, its just part of life, they pay a whole lot of attention to emotional and mental injuries.

For some reason we have gotten the idea, it seems, that most of our people are weak when it comes to dealing with emotional problems. We think it is our duty to “help” them, whatever the problem might be. Have we forgotten the admonition of the scriptures, “Be watchful, stand firm in the faith, act like men, be strong.” (1 Cor. 16:13) or Paul's admonition to the Ephesians, “Finally, be strong in the Lord and in the strength of his might.” (Eph. 6:10)

But it isn’t the individual’s strength he is talking about, it is “His might.” The Bible further tells us, “and the weakness of God is stronger than men.” (1 Cor. 1:25)

It is our reliance on God that makes us strong and enables us to overcome. “So we can confidently say,’The Lord is my helper; I will not fear; what can man do to me?’” (Heb. 13:6)

God will give us strength to overcome, only if we will let Him.